Welcome to
BISHOP O'CONNELL HIGH SCHOOL

Parent Orientation - Part 3
What to Expect
August 13, 2019

- First Month
- Bell Schedules
- FAQ
- Rules, Parking
- The First Week
- Communicating
- PTO

First Month at a Glance

First Two Weeks

SUN	MON	TUES	WED	THURS	FRI	SAT
			Sept. 4 7:45 – 2:55 • 1st day for freshmen • Freshman ID photos taken • Lunch provided	**Sept. 5** 7:45 – 2:55 • Freshman Orientation • Students bring or purchase lunch	**Sept. 6** 7:45 – 2:55 • Freshman Orientation • Bring or purchase lunch • **Transfer Student Orientation (9:30 – 12)**	**Sept. 7** New Family Cookout at 12:30 PM (Pregame events before 1:30 PM football game)
	Sept. 9 7:45 – 2:55 • All Students Report • 10th Grade picture day				**Sept. 13** • 11th Grade picture day • Welcome Back Dance 8 – 11 PM	

Additional Key Dates

SUN	MON	TUES	WED	THURS	FRI	SAT
	Sept. 16 Soup Drive Begins	**Sept. 17** Bishop's Mass				
			Sept. 25 Back to School Night at 7 PM	**Sept. 26** • Last day for Soup Drive • Living Rosary	**Sept. 27** Noon Dismissal	
Sept. 29 PTO Mothers Tea at 1 PM						
				Oct. 19 - Homecoming		

First Varsity Home Games

DATE	TEAM	OPPONENT	TIME
Friday, Aug. 30	Boys Soccer	Maret	4 PM
Tuesday, Sept. 3	Volleyball	Bullis	5:30 PM
Friday, Sept. 6	Girls Soccer	Sidwell Friends	4 PM
Saturday, Sept. 7	Football	FUMA	1:30 PM
Monday, Sept. 9	Field Hockey	Justice HS	6 PM
Tuesday, Sept. 10	Girls Tennis	St. John's	4 PM
*Sunday, Sept. 22	Crew	Multiple schools	TBD – Washington, DC
*Wednesday, Oct. 9	Cross Country	Multiple schools	4 PM – Bluemont Park

*Closest meet to campus

Bell Schedules

Hybrid Schedule

EXAMPLE:

MON	TUES	WED	THURS	FRI
Anchor	Anchor	B1	B2	Anchor

Anchor Schedule Days

- Student attend all seven (7) periods
- Includes “Knight Time”

B1 Schedule Days

- Odd numbered periods only

B2 Schedule Days

- Even numbered periods only
- Often includes a morning or an afternoon event/assembly

Anchor Schedule

Anchor Schedule			
Period	**Start Time**		**End Time**
Advisory	7:45		7:55
1st Period	8:00		8:43
2nd Period	8:48		9:31
Knight Time	*9:36*		*10:25*
3rd Period	10:30		11:13
Lunch A 11:13 - 11:43	4th Period 11:18 - 12:01	4th Period 11:18 - 12:01	4th Period 11:18 - 12:01
4th Period 11:48 - 12:31	Lunch B 12:01 - 12:31	5th Period 12:06 - 12:49	5th Period 12:06 - 12:49
5th Period 12:36 - 1:19	5th Period 12:36 - 1:19	Lunch C 1:07 - 1:37	6th Period 12:54 - 1:37
6th Period 1:24 - 2:07	6th Period 1:24 - 2:07	6th Period 1:24 - 2:07	Lunch D 1:37 - 2:07
7th Period	2:12		2:55

“Knight Time”
Flexible Instructional Time

Flexible instructional time is devoted to three primary areas:

- Learning beyond the classroom
- Personal work
- Access to support services

Students could typically use their time for:

- A scheduled meeting with a teacher
- Counseling
- Group work to complete group projects for a class
- Work in the library or computer labs when specific resources are needed

Knight Time Programs

During certain Knight Times, students participate as a group in programs such as:

- Class Meetings
- Christian Service Information
- Community Building
- Counseling Programs

B1 Schedule

B1 Schedule			
Period		**Start Time**	**End Time**
Advisory		7:45	8:05
Block 1		8:10	9:35
Block 3		9:40	11:05
Block 5			
A	Lunch 11:10 - 11:55	Class 12:00 - 1:25	
B	Class 11:10 - 11:55	Lunch 11:55 - 12:35	Class 12:40 - 1:25
C	Class 11:10 - 12:35		Lunch 12:40 - 1:25
Block 7		1:30	2:55

B2 Schedules

B2 Schedule AM Block			
Period		**Start Time**	**End Time**
Advisory		7:45	8:05
Block 2		8:10	9:35
AM Block		9:40	11:05
Block 4			
A	Lunch 11:10 - 11:55	Class 12:00 - 1:25	
B	Class 11:10 - 11:55	Lunch 11:55 - 12:35	Class 12:40 - 1:25
C	Class 11:10 - 12:35		Lunch 12:40 - 1:25
Block 6		1:30	**2:55**

B2 Schedule PM Block			
Period		**Start Time**	**End Time**
Advisory		7:45	8:05
Block 2		8:10	9:35
Block 4		9:40	11:05
Block 6			
A	Lunch 11:10 - 11:55	Class 12:00 - 1:25	
B	Class 11:10 - 11:55	Lunch 11:55 - 12:35	Class 12:40 - 1:25
C	Class 11:10 - 12:35		Lunch 12:40 - 1:25
PM Block		1:30	2:55

Additional Schedules

- Noon dismissal
- Two-hour delayed opening

Frequently Asked Questions

School Supply List

- **First Day** - Just a writing utensil and a small pad to take a few notes are needed on this day.

  Please don't bring laptop on the first day.

- Each teacher will have specific school supply needs outlined in the class syllabus.

- Freshmen will receive a **student planner and wall** calendar during the first few days.

Lockers

- Lockers will be **assigned during advisories** during the opening days of school.
- **Students should NOT bring textbooks or laptops** to school until they have a locker and a lock.
- Locks **must be purchased from the school store** ($7.50 per lock).
- Students taking P.E. also buy their **P.E. locks** from the school store.
- **School store** is open before and after school and during lunches on the first three days of school.

Student ID Cards

- **IDs Issued -** Photos for freshman IDs are taken on Wednesday, Sept. 4 and given to the student that day.
- **Swipe System** - Students use their IDs to Swipe into the Campus Ministry, Library, Clinic, Testing Center, Counseling Offices, and to leave for field trips and games that require them to leave before the end of school.
- **Other Important ID Uses**
  - Purchase Lunch
  - Admittance to events/dances
- **Problems?** Lost, broken or malfunctioning IDs are taken care of in the activities office.

Lunch Options

- Students may **bring their own lunch** or **purchase food** through our dining vendor, FLIK. Weekly menus are available on our web site.
- **Declining Balance:** $50 minimum
- **Meal plans (last year's prices):**
  - First Semester = $425 (67 lunches)
  - Second Semester = $590 (93 lunches)
  - Full Year = $1,015 (160 lunches)
- Either plan must be initiated by check or money order with the Director of Dining Services. Contact **FLIK@bishopoconnell.org** or (703) 237-1407.

- Details and more at **www.bishopoconnell.org/lunch**

P.E. Uniforms

- Students need to purchase P.E. uniform (and that second lock for P.E. Locker) from the school store. Shorts and T-shirt total $30.
- Students will begin to dress out for P.E. class on **Monday, Sep. 9.**
- **Early Bird P.E**. will begin Sep. 9. Please note that P.E. uniform not required for those participating in Early Bird P.E.
- P.E. teachers allow students eight (8) minutes at the end of class to shower and change.

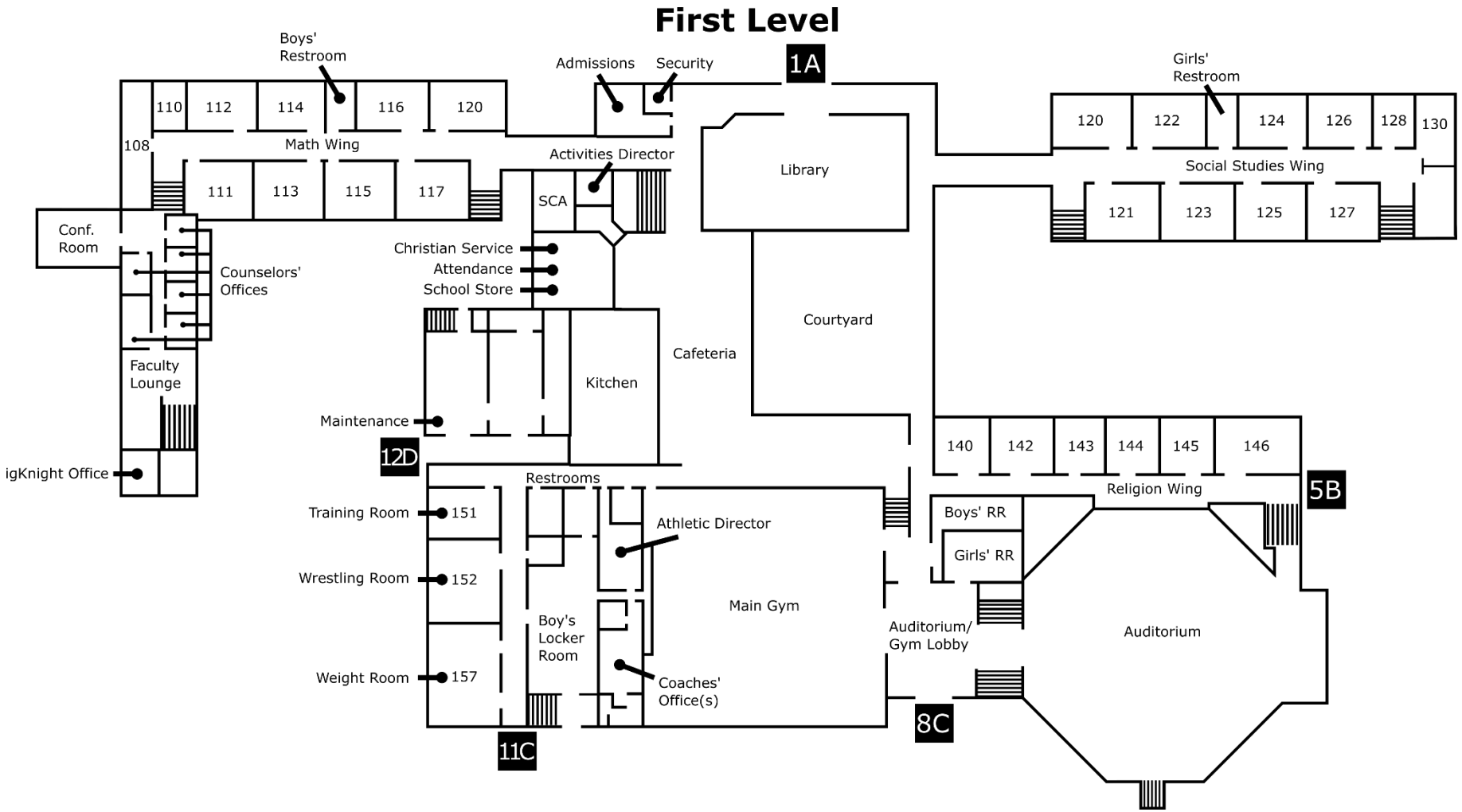
Daily Announcements

- Students hear **daily announcements** during their advisories.

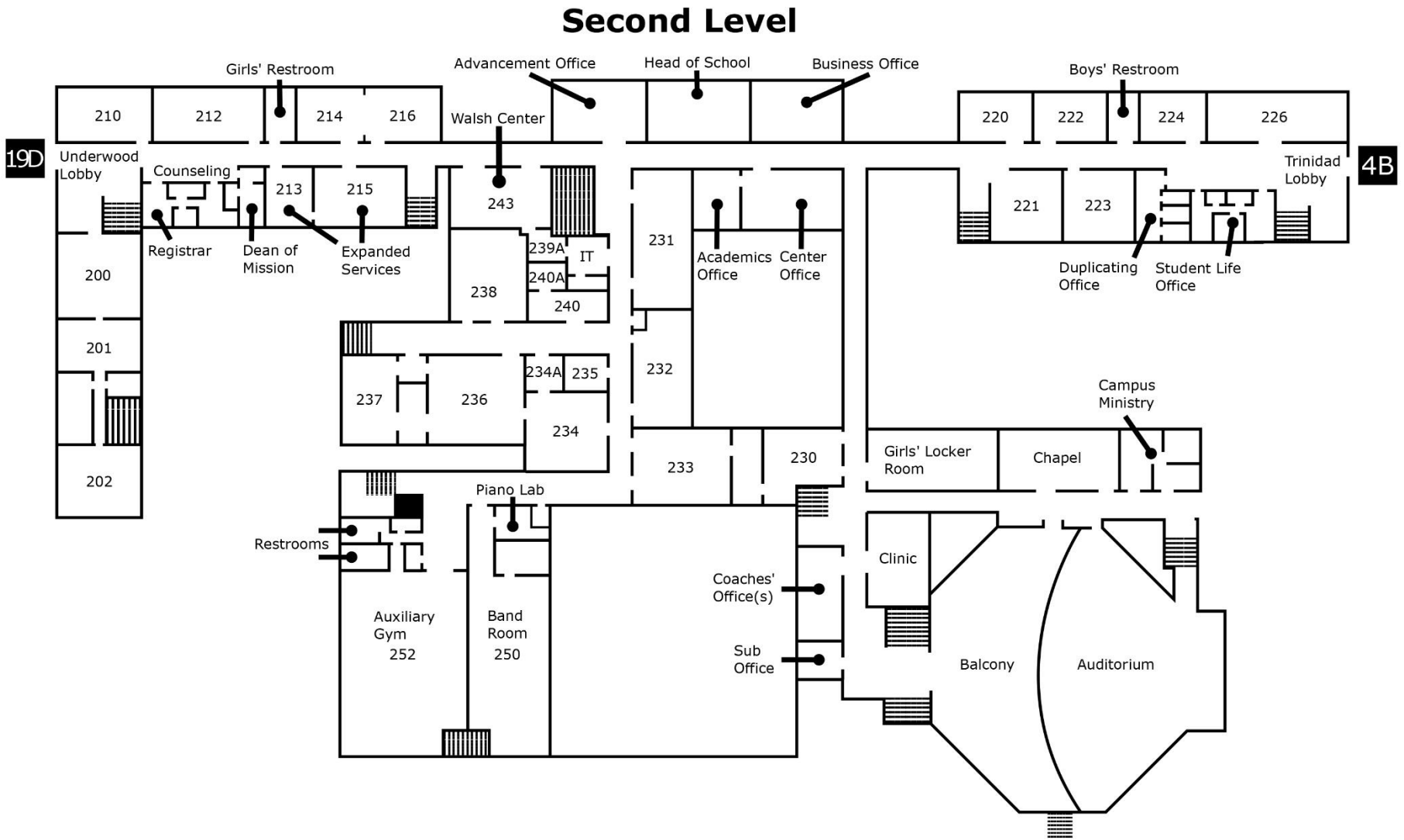
- Parents can keep also get the daily announcements from the STUDENT section of the school website, or at

  www.bishopoconnell.org/announcements

Navigating the Building (1)

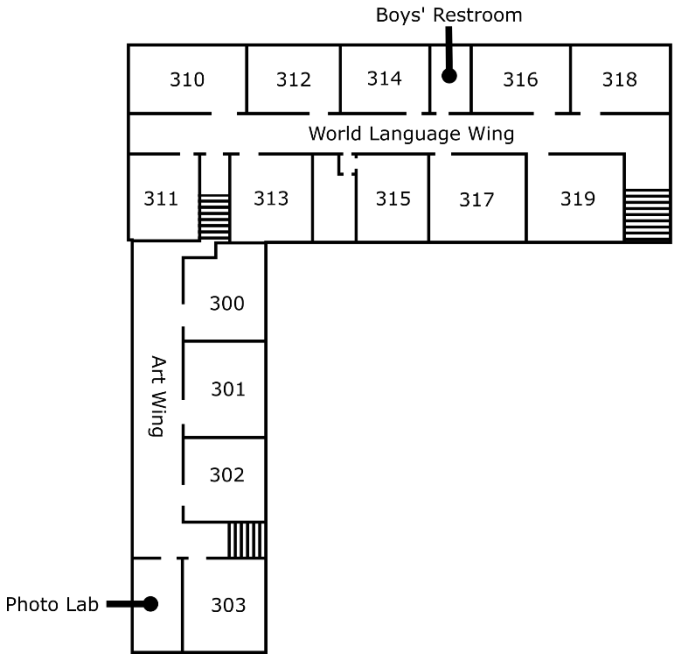


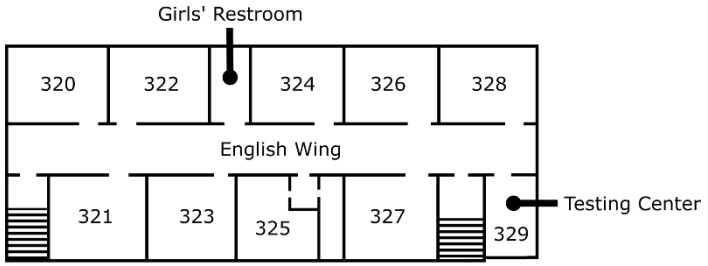
Navigating the Building (2)



Navigating the Building (3)

Third Level





Student Life

Student Life Office

Who are we?

- Mr. Todd Sabatino, Mr. Kenny Lucas, and Mr. Frank Roque

What do we do?

- **Attendance** – Making sure students are in school and in class
- **Uniform** – Enforcing uniform policy
- **Discipline** – Responsible for overall discipline of the school, supervising detention. When someone gets sent to the office, it is our office.
- **Parking** – Managing parking lots before and after school. Distribute stickers for on-campus parking ($30 per year for underclassmen/$35 per year for senior lot)
- **Neighborhood relations** – fostering and maintaining relationships with our neighbors concerning behavior of our students, parking, driving. etc.
- **Non-medical emergency,** fire drills, weather related incidents

Rules

Let’s stress four areas

- Respect
- Being on time
- The uniform
- Academic integrity

Never Acceptable

- Disrespect
- Bullying
- Stealing
- Drugs and alcohol

Protecting Your Children

SAFE STUDENTS ONLINE

- Bishop O'Connell purchases the Bark App from Safe Student Online for grades 9 through 11 families.
- App alerts parents to dangerous activity in child's social media use.
- Expect email before the start of school.

Pick-Up and Drop-Off

- **School building opens for students at 7 a.m.**
- **Cars form two lanes** in front of the school, entering the main driveway from Underwood Street and exiting on Trinidad Street.
- **Faculty members** are in the driveway to **direct traffic**, and drivers are urged to move as far up as possible, as directed.
- **Please be aware** of other students entering and exiting vehicles as you pick up and drop off your own students.
- **School building closes at 6 p.m.**
  (except for planned after school events)
- **The library** is open until 4 p.m.
  Silent study space is available until 6 p.m.

Traffic Flow

New Student Orientation Experience

TREASURE ISLAND
DJO Novel
APPROACH

Wednesday - Morning Rotations

Arrival

Faculty Greeting Tunnel

Welcome Assembly

Advisory

Photo IDs

Lockers

Meet Your Counselors

Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch

Afternoon Classes- 15 Minutes

P1

P2

P3

P4

P5

P6

P7

Freshmen Class Pep Rally

Thursday - Rooted in the Life of Christ

Arrival to Auditorium

Welcome Assembly with Senior Witness Speakers

Rotations

Dignity of the Human Person

Living our Faith at DJO

Technology Basics

Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch- Lunch

Afternoon Classes- 20 Minutes

P1

P2

P3

P4

P5

P6

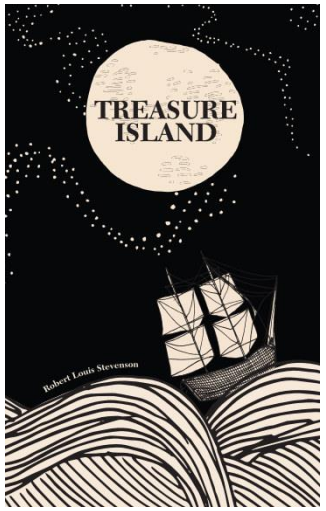
P7

Dismissal after 7th Period

Friday - Fostering the Pursuit of Excellence

Freshman Welcome Mass
Rev. Gregory Thompson, Celebrant

He is before all things,
and in him all things hold together.
- Colossians 1: 17



Session A:
Annotation Station
TREASURE ISLAND

Session B:
Writer's Workshop
TREASURE ISLAND

Session C:
Socratic Seminar
TREASURE ISLAND

SKULL & BONES

QUIZIZZ

HAVE 2 TEAMMATES
EARN A 100% SCORE

SPYGLASS

SKETCH NOTES

DRAW & ANNOTATE
INCLUDE 10 ITEMS

TREASURE MAP

Google FORMS

SCAN THE QR CODE TO
COMPLETE THE FORM

BOTTLE

MICROLAB

CALL TEACHER OVER FOR A
5 MINUTE GROUP CHAT

SHIP COLOR:

SHIP CREW:

PIRATE SHIP

FLIPGRID

WORK AS A TEAM TO
RECORD A SHORT VIDEO

GOLD BRICKS

WEBQUEST

HAVE ALL TEAMMATES
TAKE DETAILED NOTES

CAPTAIN'S HAT

YouTube

SCAN THE QR CODE TO
WATCH THE VIDEO

CHEST

SPOTLIGHT PERFORMER

HAVE EACH TEAM MEMBER
ACT OUT YOUR SCENE

Transfer Student Orientation

Friday, Sept. 6
9:30 a.m. to noon

No uniform required - Casual, but appropriate attire.

Please bring your laptop – Joining the school network and accessing resources will be a part of the session.

No books or backpacks - A notepad and pen might be useful.

Will **meet a group of current students** and fellow transfers, become familiar with the school and their daily schedule and get their questions answered.

Communicating

Effective Communication

- **Phone, email or personal contact** each have a role in improving the parent and student experience.

- Effective communication **promotes dialog** between students and teachers, teachers and parents, parents and administrators.

Email Communications

From the School

- Objective information
- One time transmission
- Transmission to large numbers

From Parents

- Setting up appointments
- Asking questions that don't need immediate answers
- Provide a phone number and time you can be reached by phone.

- Only official *bishopoconnell.org* email addresses will be used by teachers and students.
- Emails that are sent to students are
  - Copied to administrative archive
  - Copied to parents, counselor or appropriate party
- Club sponsors, and coaches email groups of students using the official *bishopoconnell.org* email addresses.

When an email isn't the best medium…

Phone call works best for…

- Things that need an immediate answer (Keep in mind the teacher's schedule)
- Working out something that needs back and forth
- Resolving a small issue

Face-to-face meetings are best for…

- Resolving larger issues
- Discussions to work out more than one issue
- Resolving an **emotional** situation

Academic Communications

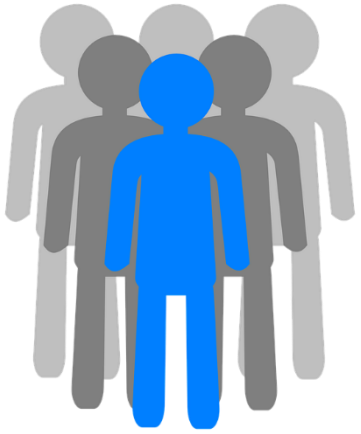
- **PowerSchool** gives you a view of your child's grades.
- **MyDJO** provides course information and a place for teachers to post details relating to assignments. It can also be a place where students can interact with class online.
- **Quarterly Report Cards** are accessed electronically.

Staying Connected with the PTO

…supporting the school's mission by uniting the parents and faculty through various community, family, spiritual, and service opportunities.

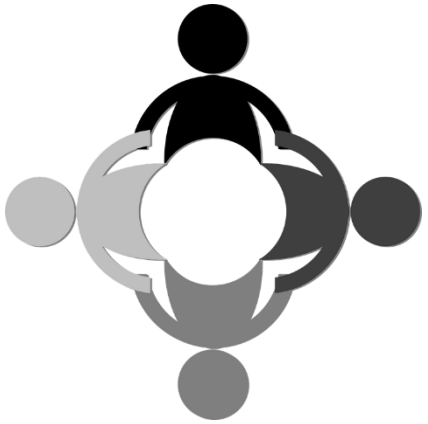
Supporting the School Community

COLLABORATION



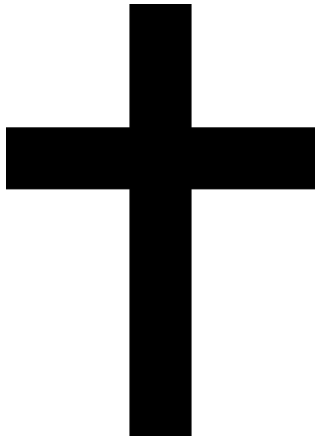
- Monthly PTO Meetings
- Partnering with faculty and parents

COMMUNITY



- Regional Communities
- DJO Dads Club

SPIRITUAL LIFE



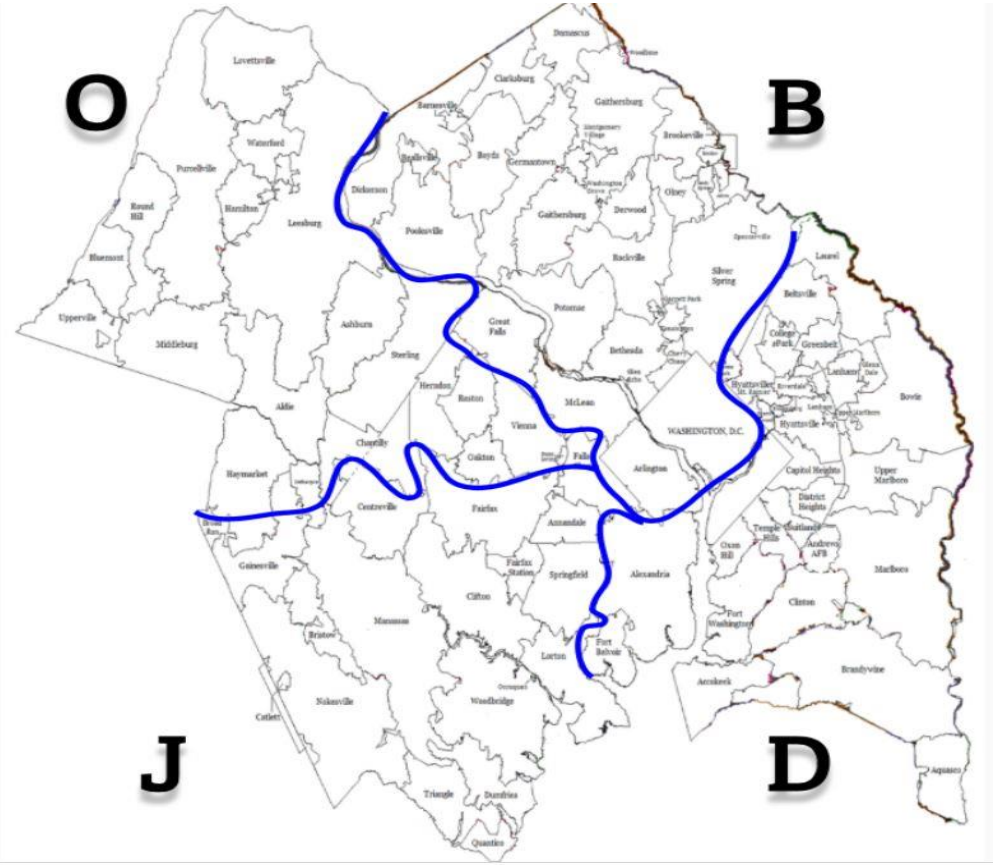
- Spiritual Life Committee
- Prayer Connection

VOLUNTEER

- Enjoy and support school traditions!

Bishop Denis J. O'Connell Regional Communities

- **Region "B"** - Arlington, McLean, Great Falls, Washington DC north of the Anacostia River, and Montgomery County.
- **Region "D"** - Alexandria, Ft. Belvoir, Washington DC south of the Anacostia River (20019, 20020, 20032), and Prince George's and Charles Counties.
- **Region "J"** - Fairfax County south of I-66, Falls Church south, Prince William and Stafford Counties.
- **Region "O"** - Falls Church north (22043, 22046), Fairfax County north of I-66 and south of Route 7, and Loudoun County.



PTO Top 9 Tips

- Read the **Friday Blitz** each week
- Bring the family to our **New Family Welcome Pre-Game** (Sept. 7)
- Don’t miss **Back to School Night** (Sept. 25)
- Meet other families through **Regional Community** events
- Join the **Dads Club**
- Come to the **Mothers Tea** (Sept. 29)
- Join **Moms UKnighted in Prayer** Fridays (7:30 – 9 AM in Campus Ministry)
- Support our students by cheering them on at **sporting events** and enjoying their talents in **the Arts**.
- **Volunteer!**

Putting Faces with Our Names

President
Ann Brinkmann

Vice President
Diane Black

Treasurer
Barb McGowan

Secretary
Wendy Noe

Communications
Suzanne Campbell

Communications
Laura Hales

Dads Club
Stephen Krill

Hospitality
Erin Turner

Fine Arts Boosters
Joe Hodges

Not Pictured:

Karen Sheehan (Spiritual Life Committee)
Melody Ballesteros (Used Book Sale & ANGP)
Tina Simington (ANGP)
Kristin Lawler (Volunteer Coordinator)
Katina Davis (Regional Communities)
Dave McGraw (Athletics Boosters)

Resources

Ask a Knight

(FAQs & Answers)

www.bishopoconnell.org/PTO

PTO@bishopoconnell.org

New Family Welcome

Saturday, Sept. 7

12:30 PM

Freshmen, transfers, parents, family…
JOIN US for some pregame fun!

Varsity football game vs. Fork Union
begins in the stadium at 1:30 p.m.

You will receive a link to RSVP in the coming weeks.

Thank you for taking the time to attend these orientation sessions!

These slides will be available this evening on the PARENTS page of the website on Aug. 14:

NEW PARENT RESOURCES

Final orientation session –
PARENT LIKE A CHAMPION TODAY - Monday, Aug. 26 at 7:00 p.m.